

Clinical Policy: Luspatercept-aamt (Reblozyl)

Reference Number: CP.PHAR.450

Effective Date: 03.01.20

Last Review Date: 11.23

Line of Business: Commercial, HIM, Medicaid

[Coding Implications](#)

[Revision Log](#)

See [Important Reminder](#) at the end of this policy for important regulatory and legal information.

Description

Luspatercept-aamt (Reblozyl[®]) is an erythroid maturation agent.

FDA Approved Indication(s)

Reblozyl is indicated for the treatment of anemia in adult patients with:

- Beta thalassemia who require regular red blood cell (RBC) transfusions
- Very low- to intermediate-risk myelodysplastic syndromes (MDS) who may require regular red blood cell (RBC) transfusions without previous erythropoiesis stimulating agent use (ESA-naïve)
- Very low- to intermediate-risk myelodysplastic syndromes with ring sideroblasts (MDS-RS) or with myelodysplastic/myeloproliferative neoplasm with ring sideroblasts and thrombocytosis (MDS/MPN-RS-T) failing an erythropoiesis stimulating agent and requiring 2 or more RBC units over 8 weeks

Limitation(s) of use: Not indicated for use as a substitute for RBC transfusions in patients who require immediate correction of anemia.

Policy/Criteria

Provider must submit documentation (such as office chart notes, lab results or other clinical information) supporting that member has met all approval criteria.

It is the policy of health plans affiliated with Centene Corporation[®] that Reblozyl is **medically necessary** when the following criteria are met:

I. Initial Approval Criteria

A. Transfusion Dependent Beta Thalassemia (must meet all):

1. Diagnosis of transfusion-dependent thalassemia (TDT) with one of the following genotypes (a or b):
 - a. Beta thalassemia;
 - b. Hemoglobin E/beta thalassemia;
2. Prescribed by or in consultation with a hematologist;
3. Age \geq 18 years;
4. Total volume of transfusions exceeds 6 RBC units (*see Appendix D*) within the last 6 months;
5. No transfusion-free period \geq 35 days within the last 6 months;
6. Documentation of baseline transfusion burden within the last 6 months;
7. Dose does not exceed 1 mg/kg every 3 weeks.

Approval duration: 2 months (2 doses)

B. Myelodysplastic Syndromes (must meet all):

1. Diagnosis of MDS-RS or MDS/MPN-RS-T that meets one of the following classifications (a, b, or c) (*see Appendix E*):
 - a. Very low, low, or intermediate risk as classified by IPSS-R;
 - b. Low/intermediate-1 risk as classified by IPSS;
 - c. Very low, low, or intermediate risk as classified by WPSS;
2. Prescribed by or in consultation with a hematologist or oncologist;
3. Age \geq 18 years;
4. Member is dependent on RBC transfusions;
5. If member has MDS with ring sideroblasts $<$ 15% (or ring sideroblasts $<$ 5% with SFB3B1 mutation), failure of an erythropoiesis-stimulating agent (ESA) (*see Appendix B and D*), unless one of the following applies (a or b):
 - a. Clinically significant adverse effects are experienced or all are contraindicated;
 - b. Documentation of current serum erythropoietin $>$ 500 mU/mL;
6. Member does not have del(5q) cytogenetic abnormality;
7. Request meets one of the following (a or b):*
 - a. Dose does not exceed 1 mg/kg every 3 weeks;
 - b. Dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (prescriber must submit supporting evidence).

**Prescribed regimen must be FDA-approved or recommended by NCCN*

Approval duration: 2 months (2 doses)

C. Other diagnoses/indications (must meet 1 or 2):

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or
 - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

II. Continued Therapy

A. Transfusion Dependent Beta Thalassemia (must meet all):

1. Member meets one of the following (a or b):
 - a. Currently receiving medication via Centene benefit or member has previously met initial approval criteria;

- b. Member is currently receiving medication and is enrolled in a state and product with continuity of care regulations (*refer to state specific addendums for CC.PHARM.03A and CC.PHARM.03B*);
2. Member meets one of the following (a or b):
 - a. For members who have received > 9 weeks of treatment (> 3 doses): Member is responding positively to therapy as evidenced by at least a 33% reduction in transfusion burden from baseline;
 - b. Request is for a dose increase and member has not yet received 9 weeks of treatment (3 doses) at the maximum dose of 1.25 mg/kg;
3. If request is for a dose increase, new dose does not exceed (a or b):
 - a. 1 mg/kg every 3 weeks;
 - b. 1.25 mg/kg every 3 weeks, and documentation supports inadequate response to 1 mg/kg dosing.

Approval duration: 6 months

B. Myelodysplastic Syndromes (must meet all):

1. Currently receiving medication via Centene benefit, or documentation supports that member is currently receiving Reblozyl for a covered indication and has received this medication for at least 30 days;
2. Member meets one of the following (a or b):
 - a. Member is responding positively to therapy as evidenced by a decreased transfusion burden;
 - b. Request is for a dose increase;
3. If request is for a dose increase, request meets one of the following (a, b, c, or d):*
 - a. New dose does not exceed 1 mg/kg every 3 weeks;
 - b. New dose does not exceed 1.33 mg/kg every 3 weeks, and documentation supports lack of transfusion independence after 2 consecutive doses at 1 mg/kg dosing;
 - c. New dose does not exceed 1.75 mg/kg every 3 weeks, and documentation supports lack of transfusion independence after 2 consecutive doses at 1.33 mg/kg dosing;
 - d. New dose is supported by practice guidelines or peer-reviewed literature for the relevant off-label use (prescriber must submit supporting evidence).

**Prescribed regimen must be FDA-approved or recommended by NCCN*

Approval duration: 6 months (2 months [2 doses] if request is for a dose increase)

B. Other diagnoses/indications (must meet 1 or 2):

1. If this drug has recently (within the last 6 months) undergone a label change (e.g., newly approved indication, age expansion, new dosing regimen) that is not yet reflected in this policy, refer to one of the following policies (a or b):
 - a. For drugs on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the no coverage criteria policy for the relevant line of business: CP.CPA.190 for commercial, HIM.PA.33 for health insurance marketplace, and CP.PMN.255 for Medicaid; or
 - b. For drugs NOT on the formulary (commercial, health insurance marketplace) or PDL (Medicaid), the non-formulary policy for the relevant line of business:

- CP.CPA.190 for commercial, HIM.PA.103 for health insurance marketplace, and CP.PMN.16 for Medicaid; or
2. If the requested use (e.g., diagnosis, age, dosing regimen) is NOT specifically listed under section III (Diagnoses/Indications for which coverage is NOT authorized) AND criterion 1 above does not apply, refer to the off-label use policy for the relevant line of business: CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid.

III. Diagnoses/Indications for which coverage is NOT authorized:

- A. Non-FDA approved indications, which are not addressed in this policy, unless there is sufficient documentation of efficacy and safety according to the off label use policies – CP.CPA.09 for commercial, HIM.PA.154 for health insurance marketplace, and CP.PMN.53 for Medicaid or evidence of coverage documents.

IV. Appendices/General Information

Appendix A: Abbreviation/Acronym Key

ESA: erythropoiesis-stimulating agent

FDA: Food and Drug Administration

G-CSF: granulocyte colony stimulating factor

Hb: hemoglobin

IPSS: International Prognostic Scoring System

IPSS-R: International Prognostic Scoring System - Revised

MDS: myelodysplastic syndromes

MDS-RS: myelodysplastic syndromes with ring sideroblasts

MDS/MPN-RS-T: myelodysplastic/myeloproliferative neoplasm with ring sideroblasts and thrombocytosis

TDT: transfusion dependent thalassemia

WPSS: WHO Classification-based Scoring System

Appendix B: Therapeutic Alternatives

This table provides a listing of preferred alternative therapy recommended in the approval criteria. The drugs listed here may not be a formulary agent for all relevant lines of business and may require prior authorization.

Drug Name	Dosing Regimen	Dose Limit/ Maximum Dose
Procrit [®] , Epogen [®] , Retacrit [®] (epoetin alfa)*	MDS: 40,000 to 60,000 SC units 1 to 2 times per week every week	Target hemoglobin up to 12 g/dL
Aranesp [®] (darbepoetin alfa)*	MDS: 150 to 300 mcg SC every other week	Target hemoglobin up to 12 g/dL

Therapeutic alternatives are listed as Brand name[®] (generic) when the drug is available by brand name only and generic (Brand name[®]) when the drug is available by both brand and generic.

**Off-label*

Appendix C: Contraindications/Boxed Warnings

None reported

Appendix D: General Information

- Conversion of RBC units from mL: 1 RBC unit in this criteria refers to a quantity of packed RBCs approximately 200-350 mL.
 - Sites who use transfusion bags within this range, or ≥ 350 mL, the conversion in units should be done by dividing the volume transfused to the patient by 350 mL,
 - Sites who use transfusion bags < 200 mL, the conversion in units should be done by dividing the volume transfused to the patient by 200 mL.
- MDS and serum erythropoietin level
 - According to NCCN, for the treatment of symptomatic anemia in MDS with ring sideroblasts $\geq 15\%$ (or ring sideroblasts $\geq 5\%$ with an SF3B1 mutation), a trial of either recombinant human erythropoietin or darbepoetin in combination with or without a granulocyte colony stimulating factor (G-CSF) is recommended when serum erythropoietin level is ≤ 500 mU/mL. If serum erythropoietin level is > 500 mU/mL for this indication, Reblozyl is recommended.
- MDS/MPN-RS-T indication
 - During regulatory review of the MEDALIST data by the FDA, a post-hoc re-classification of patients using the WHO 2016 criteria was conducted to assess the efficacy and safety of Reblozyl in patients with MDS/MPN-RS-T. Among the 229 patients enrolled in MEDALIST, 23 patients were found to have a diagnosis of MDS/MPN-RS-T following this re-classification. In these patients with MDS/MPN-RS-T, a greater proportion of patients treated with Reblozyl (64.3%; n = 9/14) achieved the primary endpoint of transfusion independence for at least 8 weeks during weeks 1-24 compared to placebo (22.2%; n = 2/9).
- MDS COMMANDS trial subgroup analysis
 - The primary outcome of red blood cell transfusion independence for 12 weeks with a mean hemoglobin increase ≥ 1.5 g/dL was seen in 59% of the luspatercept group and 31% of the epoetin alfa group. The primary outcome was seen more often in MDS patients with positive ring sideroblasts treated with luspatercept compared to ESA (70% met in the luspatercept group compared to 31% met in the ESA group in SFB1 positive patients, and 42% met in the luspatercept group compared to 32% met in the ESA group with SFB1 negative patients). There was no difference seen (i.e., similar treatment benefit) between luspatercept and ESA use in patients with negative ring sideroblasts.
- NCCN guidelines for MDS
 - Current NCCN guidelines for Myelodysplastic Syndromes (version 2.2023) recommend luspatercept as first-line therapy for MDS with ring sideroblasts $\geq 15\%$ (or ring sideroblasts $\geq 5\%$ with an SF3B1 mutation). ESA is recommended as the preferred treatment for MDS with ring sideroblasts $< 15\%$ (or ring sideroblasts $< 5\%$ with SF3B1 mutation).

Appendix E: MDS Risk Classification

- International Prognostic Scoring System - Revised (IPSS-R) classification:

Risk Category	Risk Score
Very low	≤ 1.5
Low	$< 1.5 - 3$
Intermediate	$< 3 - 4.5$

Risk Category	Risk Score
High	< 4.5 – 6
Very high	> 6

- International Prognostic Scoring System (IPSS) classification:

Risk Category	Risk Score
Low	0
Intermediate-1	0.5 – 1
Intermediate-2	1.5 – 2
High	2.5 – 3.5

- WHO Classification-based Prognostic Scoring System (WPSS) classification:

Risk Category	Risk Score
Very low	0
Low	1
Intermediate	2
High	3 – 4
Very high	5 – 6

V. Dosage and Administration

Indication	Dosing Regimen	Maximum Dose
TDT	<p>1 mg/kg SC once every 3 weeks</p> <p>If a patient does not achieve a reduction in RBC transfusion burden after at least 2 consecutive doses (6 weeks) at the 1 mg/kg starting dose, increase to max dose of 1.25 mg/kg.</p> <p>If a patient does not achieve a reduction in RBC transfusion burden after 3 consecutive doses (9 weeks) at 1.25 mg/kg, discontinue treatment.</p>	1.25 mg/kg
MDS	<p><u>Initial:</u> 1 mg/kg SC once every 3 weeks</p> <p><u>Dose increases for insufficient response after initiation of treatment:</u></p> <p>If a patient is not RBC transfusion-free after at least 2 consecutive doses (6 weeks) at the 1 mg/kg starting dose, increase the dose to 1.33 mg/kg SC every 3 weeks.</p> <p>If a patient is not RBC transfusion-free after at least 2 consecutive doses (6 weeks) at the 1.33 mg /kg dose level, increase the dose to a maximum of 1.75 mg/kg SC every 3 weeks.</p> <p>Discontinue if a patient does not experience a decrease in transfusion burden after 9 weeks of treatment (administration of 3 doses) at 1.75 mg/kg</p>	1.75 mg/kg

VI. Product Availability

Single dose vials for injection: 25 mg, 75 mg

VII. References

1. Reblozyl Prescribing Information. Cambridge, MA: Acceleron Pharma, Inc. August 2023. Available at: www.reblozyl.com. Accessed September 1, 2023.
2. Uwe Platzbecker, Della G, Santini V, et al. Efficacy and safety of luspatercept versus epoetin alfa in erythropoiesis-stimulating agent-naive, transfusion-dependent, lower-risk myelodysplastic syndromes (COMMANDS): interim analysis of a phase 3, open-label, randomised controlled trial. *The Lancet*. 2023;402(10399):373-385. doi:[https://doi.org/10.1016/s0140-6736\(23\)00874-7](https://doi.org/10.1016/s0140-6736(23)00874-7)
3. Reblozyl Prescribing Information. Cambridge, MA: Acceleron Pharma, Inc. September 2022. Available at: www.reblozyl.com. Accessed November 2, 2022.
4. Cappellini MD, Vipralasit V, Taher A, et al. The BELIEVE Trial: Results of a phase 3, randomized, double-blind, placebo-controlled study of luspatercept in adult beta-thalassemia patients who require regular red blood cell (RBC) transfusions [Oral]. Oral presented at: 60th American Society of Hematology Annual Meeting and Exposition (ASH); December 1-4, 2018; San Diego, CA.
5. Cappellini MD, Farmakis D, Porter J, et al. 2021 Guidelines for the management of transfusion dependent thalassemia (TDT) 4th Edition. Thalassaemia International Federation (2021). Available at: <https://thalassaemia.org.cy/wp-content/uploads/2021/06/GUIDELINE-4th-DIGITAL-BY-PAGE.pdf>.
6. Fenaux P, Platzbecker U, Mufti GJ, et al. Luspatercept in patients with lower-risk myelodysplastic syndromes. *N Engl J Med*. 2020;382:140-151.
7. National Comprehensive Cancer Network Drugs and Biologics Compendium. Available at: http://www.nccn.org/professionals/drug_compendium. Accessed October 24, 2023.
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9. Patnaik MM, Tefferi A. Refractory anemia with ring sideroblasts (RARS) and RARS with thrombocytosis (RARS-T) – “2019 Update on Diagnosis, Risk-stratification, and Management.” *Am J Hematol*. 2019;94(4): 475–488.
10. Reblozyl Data on File. Use of Reblozyl (luspatercept-aamt) in patients with myelodysplastic/myeloproliferative neoplasm with ring sideroblasts and thrombocytosis. Bristol Meyers Squibb. 2020 May.

ICD-10-CM Diagnosis Codes that Support Coverage Criteria

The following is a list of diagnosis codes that support coverage for the applicable covered procedure code(s).

ICD-10-CM Code	Description
D56.1*	Beta thalassemia

Coding Implications

Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
J0896	Injection, luspatercept-aamt, 0.25 mg

Reviews, Revisions, and Approvals	Date	P&T Approval Date
Policy created.	12.05.19	02.20
Criteria added for new FDA indication: MDS; references reviewed and updated.	05.26.20	08.20
1Q 2021 annual review: no significant changes; references to HIM.PHAR.21 revised to HIM.PA.154; added coding implications; references reviewed and updated.	10.27.20	02.21
1Q 2022 annual review: no significant changes; references reviewed and updated.	11.15.21	02.22
Template changes applied to other diagnoses/indications.	09.27.22	
1Q 2023 annual review: for TDT continued therapy, clarified criterion that positive response to therapy as evidenced by at least a 33% reduction in transfusion burden from baseline is required after 9 weeks of treatment (3 doses) at the maximum dose unless the request is for a dose increase prior to 9 weeks of treatment; per NCCN Compendium, removed requirement for combination w/G-CSF for MDS indication; references reviewed and updated.	11.02.22	02.23
RT4: added new indication for MDS treatment in ESA naïve patients; removed MDS transfusion requirement for ≥ 2 RBC units per 8 weeks; revised ESA redirection to apply only to MDS with ring sideroblasts $< 15\%$ (or ring sideroblasts $< 5\%$ with SFB3B1 mutation) per NCCN.	10.24.23	11.23

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. “Health Plan” means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan’s affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members. This clinical policy is not intended to recommend treatment for members. Members should consult with their treating physician in connection with diagnosis and treatment decisions.

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Note:

For Medicaid members, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

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