

## Essential Formulary

2020 Prescription Drug List | Effective 01/01/20

*This Prescription Drug List (PDL) is a guide to common cost-effective medications covered on the QualChoice Essential Formulary. This list is not all-inclusive. Coverage depends on your benefit plan. Check [QualChoice.com](http://QualChoice.com) for the most up-to-date information.*

*Print this PDL and take it with you when you see a doctor or other medical provider. We encourage doctors to prescribe drugs on this list when they are medically right for you. In all cases, choices about your health care and treatment are between you and your doctor.*

### How We Select Prescription Drugs

The drugs on this list are chosen for safety, effectiveness and cost, based on the guidance of the QualChoice Pharmacy & Therapeutics Committee. This group is made up of practicing doctors and pharmacists. They look at drugs regulated by the Federal Drug Administration (FDA) — both newly approved and those that have been on the market for some time.

### Reading the Drug List

**Column 1** lists major drug categories such as antibiotics and sub-categories such as penicillins. Any restrictions on the drug are noted as:

#### **PA (Pre-Authorization)**

Covered only if pre-authorized (pre-approved). You or your doctor must have approval before filling the prescription. If you don't get approval, your medication may not be covered. Call **Catamaran**, an OptumRx company, at 877.629.3118 for a pre-authorization form. Your doctor must fill it out and send to Catamaran.

#### **QL (Quantity Limits)**

Covered only for a limited number of doses over a certain amount of time. To learn more about QL on a certain drug, call **Catamaran** at 877.629.3118.

#### **ST (Step Therapy)**

Requires use of some other drug first before it is covered. Starts with the most cost-effective and safest drugs and moves on to other more costly ones only if needed. Examples are muscle relaxants and some specialty drugs.

**Columns 2, 3, 4** list the drug's tier level. Each drug is listed in one of three payment tiers, each with a different costshare.

#### *Tier 1 – Lowest Copayment*

Most (but not all) generic drugs are in Tier 1. For the lowest out-of-pocket cost always ask your doctor if a Tier 1 drug would work for you.

#### *Tier 2 – Middle Copayment*

If your drug is in Tier 2, ask your doctor if a Tier 1 drug might work for you.

#### *Tier 3 – Highest Copayment*

If your drug is in Tier 3, ask your doctor if a Tier 1 or Tier 2 drug might work for you.

### Specialty Drugs

These drugs may have a higher copayment or deductible and coinsurance, based on your plan. They can be filled by our preferred specialty pharmacy, BriovaRx. For help call **BriovaRx at 866.791.8679**. Check your *Benefit Summary* about specialty drug coverage under your plan. For a list of common specialty drugs, go to *QualChoice.com*; select *Already a Member?*, *Pharmacy and Drug Formularies*, then select *Commonly Used Specialty Drugs*. To see what you will pay for a specialty drug, check your *Benefit Summary*.

For more on your specific drug coverage, check your *Evidence of Coverage (EOC)* or *Certificate of Coverage (COC)*. If you do not have a copy of these or your *Benefit Summary*, sign in to *My Account* at *QualChoice.com* and select *Your Benefit Booklet*. Or call us at 800.235.7111 or 501.228.7111 to ask for a copy to be mailed to you.

### Medication Not Listed

If your drug is not listed here, sign in to *My Account* at *QualChoice.com* and select *Your Drug Formulary*. On the *OptumRx Dashboard*, select *Drug Lookup*.

### Generic Drugs

Generics are FDA-approved and have the same active ingredients as the brand-name drug. They are most often less costly than brand-name drugs. On the drug list, (\*) means that a generic version is available.

### Appeal Process

You have the right to appeal any decision by QualChoice to not provide or pay for a medication. You may file an appeal by filling out the *Member Appeal Request Form* at *QualChoice.com*. You may also call us at 501.228.7111 or 800.235.7111 and ask for a copy to be mailed to you.

\*Generic version available

Drug Category	Tier 1	Tier 2	Tier 3
<b>Anti-Infectives</b>			
<b>Antibiotics – Cephalosporins</b>	cefaclor, cefadroxil, cefdinir, cefixime, cefprozil, cefuroxime, cephalexin, cefpodoxime		cefditoren, Suprax chew tab
<b>Antibiotics – Fluoroquinolones</b>	ciprofloxacin, ciprofloxacin ER, levofloxacin, moxifloxacin, ofloxacin 400mg		
<b>Antibiotics – Macrolides</b>	azithromycin, clarithromycin, clarithromycin ER, erythromycin		Dificid (PA), PCE, Zmax
<b>Antibiotics – Penicillins</b>	amoxicillin, amoxicillin w/ pot clavulanate, ampicillin, dicloxacillin, penicillin		
<b>Antibiotics – Other</b>	doxycycline hyclate IR, doxycycline monohydrate IR, minocycline IR	tetracycline	Sivextro
<b>Antifungals</b>	fluconazole(QL), griseofulvin, itraconazole, ketoconazole (PA), terbinafine, voriconazole		Noxafil (PA)
<b>Antivirals – Flu</b>	amantadine, rimantadine, oseltamivir		Relenza
<b>Antivirals – Herpes</b>	acyclovir, famciclovir, valacyclovir		
<b>Antivirals – HIV</b>	All generics	Atripla, Intelence, Invirase, Kaletra tabs, Norvir cap/sol, Prezista, Truvada, Viread	Aptivus, Biktarvy, Cimduo, Complera, Crixivan, Descovy, Delstrigo, Dovato, ISENTRESS, Edurant, Evotaz, Genvoya, Lexiva susp, Odefsey, Pifeltro, Prezobix, Rescriptor, Selzentry, Stribild, Sumfi/Lo, Tivicay, Triumeq, Tybost
<b>Cardiovascular</b>			
<b>ACE Inhibitors and ACE inhibitor combinations (QL)</b>	benazepril, benazepril hctz, captopril, captopril hctz, enalapril, enalapril hctz, fosinopril, fosinopril hctz, lisinopril, lisinopril hctz, moexipril, moexipril hctz,		

Drug Category	Tier 1	Tier 2	Tier 3
	perindopril, quinapril, quinapril hctz, ramipril, trandolapril		
<b>Angiotensin II Receptor Antagonists (ARB's) and combinations (QL)</b>	candesartan, candesartan hctz, irbesartan, irbesartan hctz, eprosartan 600mg, losartan, losartan hctz, olmesartan, olmesartan/hctz, telmisartan, telmisartan hctz, valsartan, valsartan hctz		Edarbi (PA), Edarbyclor (PA)
<b>Antihyperlipidemics (statins)</b>	atorvastatin, fluvastatin, lovastatin, pravastatin, rosuvastatin, simvastatin		
<b>Other Antihyperlipidemic Agents</b>	amlodipine/atorvastatin, cholestyramine, colestipol, ezetimibe, ezetimibe/simvastatin (PA), fenofibrate, gemfibrozil, niacin extrel, niacin/lovastatin	fenofibric acid cap 45mg DR, fenofibric acid cap 135mg DR, fenofibrate cap 130mg	
<b>Antihypertensive combinations (QL)</b>	amlodipine/atorvastatin, amodopine/benazepril, amlodipine/olmesartan, amlodipine/telmisartan, amlopidine/valsartan, amlopidine/valsartan/hctz		Tekturna HCT
<b>Antihypertensive – Other (QL)</b>	Aliskiren, clonidine, eplerenone, spironolactone		Bidil
<b>Antiplatelet/Anticoagulant Agents</b>	Aspirin/dipyridamole, cilostazol, clopidogrel, dipyridamole, prasugrel, ticlopidine, warfarin	Eliquis, Xarelto	Brilinta, Pradaxa, Zontivity
<b>Beta Blockers</b>	acebutolol, atenolol, bisoprolol, carvedilol, carvedilol ER, metoprolol, metoprolol XL, propranolol, propranolol ER		Bystolic, Dutoprol, metoprolol hctz
<b>Calcium Channel Blockers</b>	amlodipine, diltiazem, felodipine, isradipine, nicardipine, nifedipine, nimodipine, verapamil		
<b>Central Nervous System</b>			
<b>ADHD Medications (QL)</b>	amphetamine salts, dextroamphetamine, dextroamphetamine SR, dexmethylphenidate,	amphetamine-dextroamphetamine SR, dextroamphetamine ER, dexmethylphenidate ER,	Daytrana (PA), Quillivant, Vyvanse (PA)

Drug Category	Tier 1	Tier 2	Tier 3
	guanfacine ER (PA), methylphenidate, modafanil (PA), armodafinil (PA), atomoxetine	methylphenidate ER	
<b>Analgesics – Narcotic (All brands with a generic equivalent available are not covered) QL apply; All long-acting products require PA</b>	Buprenorphine patch, codeine-apap, fentanyl, hydrocodone combinations, hydromorphone, meperidine, morphine sulfate, oxycodone combinations, oxycodone CR	Oxycodone ER, OxyContin	Fentora (PA)
<b>Analgesics – NSAIDs</b>	diclofenac, diclofenac-misoprostol, etodolac, ibuprofen, indomethacin, meloxicam, naproxen, piroxicam, sulindac	celecoxib	Diclofenac patch (PA), Flector (PA)
<b>Alzheimers</b>	donepezil, galantamine, memantine, memantine ER, rivastigmine		
<b>Antianxiety</b>	alprazolam, diazepam, lorazepam		
<b>Anticonvulsants</b>	carbamazepine, clobazam (PA), clonazepam, divalproex sodium, gabapentin, lamotrigine, lamotrigine ER, levetiracetam, levetiracetam ER, oxcarbazepine, phenytoin, tiagabine, topiramate, topiramate ER, zonisamide		Briviact (PA), Dilantin*, Epidiolex (PA), Fycompa (PA), Lyrica (PA), Oxtellar XR, Vimpat
<b>Antidepressants – SNRIs (QL)</b>	venlafaxine, venlafaxine ER caps	duloxetine	Desvenlafaxine ER
<b>Antidepressants – SSRIs (QL)</b>	citalopram, escitalopram, fluoxetine caps, fluvoxamine, paroxetine, paroxetine ER, sertraline		
<b>Antidepressants – Other (QL)</b>	amitriptyline, bupropion immediate-release, bupropion SR, bupropion XL, desipramine, imipramine, mirtazapine, nortriptyline		Viibryd
<b>Anti-Parkinson's Agents</b>	carbidopa/levodopa, entacapone, pramipexole, rasagiline, rivastigmine, ropinirole ropinirole SR, tolcapone		Neupro patch (PA)
<b>Antipsychotic Agents (QL)</b>	Aripiprazole, clozapine, olanzapine,		Equetro, Latuda, Rexulti (PA), Saphris (PA), Vraylar

Drug Category	Tier 1	Tier 2	Tier 3
	olanzapine/fluoxetine, quetiapine, risperidone, ziprasidone		(PA)
<b>Migraine Products (QL = ALL)</b>	eletriptan (PA), naratriptan, rizatriptan, rizatriptan MLT, sumatriptan, zolmitriptan, zolmitriptan ODT	almotriptan (PA), frovatriptan (PA)	Zomig Nasal Spray 5mg
<b>Sedative – Hypnotics (QL)</b>	flurazepam, temazepam, triazolam, zaleplon (QL), zolpidem (QL)	eszopiclone (QL), zolpidem ER (QL)	Rozerem (QL)
<b>Skeletal Muscle Relaxants</b>	carisoprodol, chlorzoxazone, cyclobenzaprine, tizanidine tabs	metaxalone 800mg (ST)	
Endocrine			
<b>Diabetes – Combinations</b>	glyburide/metformin, pioglitazone/glimepiride, pioglitazone/metformin		ActoplusMet XR
<b>Diabetes – Insulin</b>		Lantus, Levemir, Novolin, NovoLog, Toujeo, Tresiba	Apidra, Humulin U-500
<b>Diabetes – Insulin Secreting Agents</b>	chlorpropamide, glimepiride, glipizide, glyburide, nateglinide, repaglinide, tolazamide		
<b>Diabetes – Insulin Sensitizing Agents</b>	metformin, metformin ER (some forms excluded), pioglitazone		
<b>Diabetes – Non–Insulin injectable antihyperglycemic agents</b>		Byetta, Bydureon, Ozempic, Victoza	Symlin
<b>Diabetes – Other Medications</b>	acarbose	Janumet (PA), Janumet XR (PA), Januvia(PA), Jardiance (PA), Jentadueto (PA), Glyxambi, Invokana (PA), Invokamet (PA), Invokamet XR (PA), Syndardy (PA), Synjardy XR (PA), Tradjenta (PA)	
<b>Diabetic Supplies</b>		Accu–Chek, OneTouch	
<b>Thyroid Agents</b>	levothyroxine, Levoxyl		Armour Thyroid
Gastrointestinal/Urinary			
<b>Digestive Aids</b>		Creon, Zenpep	
<b>Gallstone Solubilizing Agents</b>	ursodiol		
<b>Genitourinary Medications</b>	Darifenacin (PA), oxybutynin, oxybutynin ER, solifenacin (PA), tolterodine,		Myrbetriq (PA)

Drug Category	Tier 1	Tier 2	Tier 3
	tolterodine ER, trospium, trospium ER		
<b>H-2 Antagonists**</b>	cimetidine, famotidine, ranitidine tabs/syrup	nizatidine	
<b>Hyperparathyroid Agents</b>	calcitriol, doxercalciferol, paricalcitol		
<b>Inflammatory/Irritable Bowel/Opioid Induced Constipation</b>	balsalazide, budesonide ER, mesalamine 1.2gm, sulfasalazine	Apriso, Canasa, Linzess (PA), Movantik (PA), Symproic (PA)	Amitiza (PA), Pentasa
<b>Proton Pump Inhibitors</b>	omeprazole, pantoprazole	lansoprazole, rabeprazole	
<b>Men's Health</b>			
<b>Erectile Dysfunction Agents</b>	Sildenafil (PA/QL), tadalafil (PA/QL)		Caverject (PA)
<b>Hormone Replacement</b>	Testosterone gel 1.62% (PA/QL)	testosterone inj (PA)	
<b>Prostate Health</b>	alfuzosin, doxazosin, dutasteride, tamsulosin, terazosin		
<b>Respiratory</b>			
<b>Antihistamines</b>	Cetirizine oral soln, loratadine	desloratadine, levocetirizine	
<b>Asthma – Beta Agonists Long Acting</b>		Serevent	Brovana, Perforomist, Striverdi
<b>Asthma – Beta Agonists Short Acting</b>	metaproterenol	ProAir HFA, Ventolin HFA	
<b>Asthma–Leukotriene Modulators</b>	montelukast, zafirlukast, zileuton ER (PA)		
<b>Asthma – Steroid Inhalants</b>	budesonide	Arnuity Ellipta, Flovent, Pulmicort flexhaler	
<b>Asthma – Other</b>	ipratropium/albuterol	Advair , Anoro Ellipta, Breo Ellipta Spiriva, Incruse Ellipta, Stiolto, Symbicort	Atrovent HFA, Combivent Respimat, Daliresp (PA), Trelegy Ellipta (PA)
<b>Nasal Products</b>	azelastine, budesonide, flunisolide, fluticasone, mometasone (ST), triamcinolone		Beconase AQ
<b>Topical</b>			
<b>Ears</b>	antipyrine/benzocaine, ofloxacin	Ciprodex	Cipro HC
<b>Eye – Allergy</b>	cromolyn, diclofenac, epinastine, ketotifen fumarate	FML Forte, FML oint, Pazeo, PredMild	Alocril, Alomide, Bepreve, Emadine
<b>Eye – Glaucoma</b>	acetazolamide, brimonidine, dorzolamide,	Alphagan P 0.1%, Azopt, Betoptic S, Combigan,	Betimol

Drug Category	Tier 1	Tier 2	Tier 3
	dorzolamide/timolol, latanoprost, levobunolol, timolol	Lumigan, Simbrinza, Travatan Z	
<b>Eye – Miscellaneous</b>	ciprofloxacin, erythromycin, gatifloxacin, gentamicin, moxifloxacin	Moxeza	Alrex, Azasite, Besivance, Ciloxan oint., Durezol, Lotemax, Maxidex, Natacyn, Tobrex oint., Zirgan
<b>Eye -- Diagnosis</b>	tropicamide		
<b>Skin – Acne</b>	benzoyl peroxide, benzoyl peroxide/erythromycin, clindamycin, clindamycin phosphate-benzoyl peroxide		Aczone gel 7.5%, Azelex
<b>Skin – All</b>	Acyclovir, azelaic acid gel, betamethasone, imiquimod, mometasone, mupirocin, pimecrolimus, tacrolimus	Denavir cream 1%	Altabax, Desonate Gel, Ertaczo, Eurax, Mentax, Picato, Rectiv, Tazorac 0.05% crm, Ulesfia, Veregen
Women's Health			
<b>Contraceptives</b>	All Generics	Natazia, Nuvaring, Xulane	Lo Loestrin
<b>Combination HRT</b>	estradiol/norethindron,	Climara Pro, Premphase, Prempro	Combipatch, Duavee (PA), Prefest
<b>Hormone Replacement Therapy (HRT)</b>	estradiol, progesterone	Premarin	Estring Vaginal, Estrogel Pump, Femring, Menest
<b>Osteoporosis – Calcium Regulators</b>	alendronate, risedronate calcitonin spray		ibandronate (ST)
<b>Osteoporosis – Hormone Receptor Modulators</b>	raloxifene		
<b>Vaginal Products</b>	clindamycin, metronidazole, terconazole		AVC, Gynazole-1, Osphena (PA)
Miscellaneous			
<b>Antiemetics</b>	Aprepitant (QL), granisetron (QL), ondansetron (QL)		Anzemet (QL), Varubi (QL)
<b>Gout</b>	allopurinol		Colcrys, Uloric
<b>Immunosuppressive Agents</b>	cyclosporine, mycophenolate mofetil, tacrolimus		Azasan, Zortress
<b>Smoking Cessation</b>	bupropion		Chantix (PA)

*Brand-names are the property of their respective manufacturers.*

For information on drugs not listed, call OptumRx at 877.629.3118.  
For information on your prescription benefit program, visit QualChoice.com.